



Code Of Conduct

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Judo Moral Code

This code of conduct is designed for Judoka, coaches and parents and is a set of rules which should be followed within the club at all times.

Breaches of the code of conduct will be taken seriously and could result in being asked to apologise for behaviour, receiving a verbal or written warning or be suspended from attending club sessions for a fixed period of time.

The Judo Moral Code is a base for the clubs code of conduct and is stated below:

Courtesy

Courage

Friendship

Honesty

Honour

Respect

Self Control

Modesty

Sporting integrity is based on the acceptance of rules, fairness, equality, respect for others, moral conduct and a sense of what is right. Members, coaches and parents should follow these guidelines at all times

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General Conduct

Along with the Judo Moral Code members and parents should also follow the general conduct points below:

- Abide by the principal statement on ethics on the pervious page
- Practice and play within the spirit of Judo.
- Behave with respect to others including coaches, officials, other players and athletes, spectators, and staff members.
- Treat all others how I would like to be treated.
- Take care of equipment owned or provided by the club
- Tell my coach or an official if I am ill, injured or don't feel safe
- Refrain from inappropriate conduct towards others whether physical, verbal or emotional
- Always set a good example in aspects of dress, punctuality, language, behaviour and respect of equipment and others.

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Anti-Bullying

Cluarankwai Judo Club makes clear that bullying is never acceptable, must never be tolerated and that everyone has the right to be involved in Judo in a safe, secure environment where they feel valued and included.

Bullying can occur between any age group including between adults and young people, two adults, two young people or between a young person and their parent

Bullying can take various forms it can be physical, emotional, verbal or online and can happen only once or on several occasions.

It is acknowledged that Judo is a sport of competitive nature and can result in tensions which may lead to bullying, but bullying cannot be condoned in any circumstance.

Examples of bullying specific to Judo could be a Judoka who intimidates their fellow Judoka inappropriately, a coach who adapts a 'win at all costs' philosophy or a parent who pushes their child too hard.

Reporting Bullying

If you have any concerns about bullying please report them to a coach or staff member immediately or contact safeguarding@kilmarnockjudoclub.com

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Coaches & Volunteers

This is a list of rules set out to be expected from coaches and volunteers who are involved in the running of the club. Whilst running club activities coaches and volunteers will:

- Be a positive role model in a way that projects a positive image of their role and being fair, considerate and honest with participants and officials.
- Exercise self-control, responsible behaviour, consideration of others, courtesy and good manners
- Maintain appropriate membership, insurance, qualifications and PVG check to allow me to fulfil my role.
- Take all reasonable steps to establish a safe Judo environment and ensure the safety of the players with whom I work as far as is possible within the limit of my control
- Ensure all activities are suitable for the age, experience and ability of players.
- Comply with the BJA's Safeguarding policies
- Take action to prevent any forms of bullying and report to the club welfare officer if further action is required
- Seek to inspire and motivate in accordance with an individual's abilities to enable them to participate to the best of their ability and realise their potential
- Challenge and report inappropriate behaviour by others
- Abide by the Code of Conduct and promote it to others

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Parents/Carers

Whilst in the club parents/carers should adhere to the general code of conduct found throughout this document along with the following code of conduct set out specifically for parents/carers below:

- Use correct and proper language at all times
- Encourage my child to learn the rules and play within them
- Discourage unfair play and arguing with officials
- Help my child recognise good performance not just results
- Never force my child to take part in Judo
- Set a good example by recognising fair play and applauding the good performances of all players
- Never punish or belittle a child for losing or making mistakes
- Publicly accept officials judgements
- Oppose discriminatory behaviour
- Provide current emergency contact details before leaving my child in the clubs charge
- Ensure my child arrives on time and is appropriately dressed (with all Jewellery and smart watches removed) and is physically fit to train
- Support the clubs coaches to train your child to their best abilities.
- You must drop off/collect your child inside the building each session do not drop off or wait for your child in the carpark

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Hygiene Policy

Judo is a sport which involves getting very close to other peoples personal space. It is important that all members of the club and the parents of players under the age of 18 understand the importance of the club's hygiene policies below:

- Wash your Judo gi (Judo Suit) regularly
- Keep your body & hair clean
- Ideally shower before training but at minimum, wash your feet & hands before training
- Keep your finger and toe-nails cut short and free of dirt
- NEVER walk on the mats with shoes on
- ALWAYS wear Zori (Sandals) or other footwear when leaving the mat area to avoid bringing dirt back onto the mats.
- Do NOT come to training if you are feeling unwell
- In the case of foot infections such as verrucas or athletes foot, socks must be worn until the infection has completely cleared
- Seek medical attention from one of the coaches if you have any cuts or abrasions and make sure you cover them appropriately if you intend to continue training

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Safeguarding Policy

Cluarankwai Judo Club is committed to prioritising the wellbeing of all children and adults at risk, promoting safeguarding in our club at all times, including all programmes and events we run.

This policy strives to minimise risk, deliver a positive Judo experience for everyone and respond appropriately to all safeguarding concerns/disclosures.

We follow the safeguarding policy 'Safe Landings' which is set out by British Judo and Judo Scotland to advise clubs on the safeguarding of vulnerable members. The latest copy of this document can be found on the Judo Scotland or British Judo websites or via the QR code below



If you have any safeguarding concerns please speak to our safeguarding officer/welfare officer in the club who is named on the committee Information board or contact us at safeguarding@kilmarnockjudoclub.com

Further information and advise on safeguarding can be found on the Judo Scotland website